



THE REFUGE  
UTAH

ANNUAL  
REPORT  
2024-2025



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Megan Crofoot, LCSW

## A PLACE OF SAFETY. A PATH TO HEALING.

This year, The Refuge Utah continued to provide safety, advocacy, and support to individuals and families impacted by domestic violence and sexual assault. Our staff and volunteers worked every day to ensure survivors had access to shelter, resources, and compassionate services. This became increasingly difficult as funding has been uncertain.

Our work has only been possible because of our community partners, donors, and supporters. Your commitment helps us respond to immediate needs while also supporting long-term safety and stability for those we serve. Thank you for your continued support and trust in our mission.

Together, we offered safety and hope to individuals, families, and the community.

Thank you for standing with survivors and for being an essential part of this work. We are deeply grateful as we continue building a safer, more compassionate community, together.

With gratitude,



Ashlee Taylor  
Executive Director

# PROGRAMS & SERVICES



## OUR MISSION

To empower survivors of sexual assault and domestic violence. To increase emotional and physical safety through advocacy, education, and trauma-informed services.

At The Refuge Utah, safety is the beginning, not the end, of healing. When individuals and families reach out, they are often carrying the weight of crisis, trauma, and uncertainty about what comes next. Our services are intentionally designed to meet both immediate and long-term needs, offering not only protection in moments of crisis, but also steady support as survivors rebuild stability, confidence, and independence. Through compassionate, trauma-informed services, we empower survivors to move forward with hope.



We offer free services to all survivors of sexual assault and domestic violence. With a main office located in Orem and a satellite office in Nephi, we serve Utah, Juab, and Wasatch counties.

## DOMESTIC VIOLENCE SHELTER

Emergency shelter offers a group home setting with private rooms for families, typically for stays of around 30 days. It provides food, clothing, transportation, and individualized case management, along with on-site therapy, and:

- 24-hour confidential hotline
- Bilingual support (English and Spanish)
- Victim advocacy and crisis support
- Public educational support classes
- Aftercare case management for 1 year



## HOUSING

We offer advocacy support and financial assistance for safe, permanent housing through low-barrier, survivor-driven programs:

- 8-unit transitional housing (6-24 months)
- 16 permanent supportive housing units with Provo City Housing Authority
- Temporary rental assistance
- Advocacy and case management
- Safety planning and follow-up services for ongoing support

## SEXUAL ASSAULT SERVICES

- 24-hour crisis counseling for victims and their support network
- Hospital advocates to assist during medical forensic exams
- Follow-up calls to connect victims with services post-assault
- Weekly educational support groups open to the public
- Hospital Response Team available in Utah, Wasatch, and Juab Counties

The Hospital Response Team completes 40 hours of training to assist with the 24/7 sexual assault hotline and forensic exams. They support survivors by providing information packets and help with Crime Victim's Reparations applications for exam costs. Four advocates are always on call, working alongside Wasatch Forensic Nurses.

## THERAPY SERVICES

We offer short-term individual and group therapy for survivors of domestic violence and sexual assault, independent of other services. Therapy is available on site during shelter stays, transitional housing, and aftercare. Group sessions are tailored to specific needs, including male and LGBTQ+ survivors. Telehealth options are available and all services are free of charge.



*"When I first walked into the hospital after my assault, I felt so alone, ashamed, and convinced that it was somehow my fault. Sitting in that room, I didn't know how I could face what was ahead. And then you came and sat with me. You didn't just sit beside me, you carried me through one of the most painful, frightening experiences of my life.*

*You reminded me that it wasn't my fault. You told me that help and healing were possible, and that there were resources, even at school, that could support me. You gave me hope when I didn't think I could have any. You helped me feel human again."*

*-Survivor of sexual assault*



## PREVENTION EDUCATION

We offer education on healthy relationships and abuse warning signs in schools and the community, approved by Alpine, Nebo, and Provo school districts. Additionally, we inform the community about accessing our services through presentations and events, provide guidance on helping those in unsafe relationships, and offer parenting classes and resources.

# 68%

increase in  
participants  
reached by  
prevention  
education

### IN THE PAST YEAR..

## 326

prevention education presentations  
were made in the community

## 4,044

junior high and high school students learned  
safe dating tactics through our prevention  
education presentations

## 3,055

college students and community members  
learned about healthy relationship  
techniques through our presentations in a  
variety of areas

# PROGRAM STATISTICS



2,530 hotline calls answered



254 households received temporary rental assistance and avoided homelessness



234 survivors supported during medical forensic exams by our hospital response advocates



210 survivors fleeing domestic violence stayed in transitional housing or emergency shelter



1,089 attendance to educational support classes



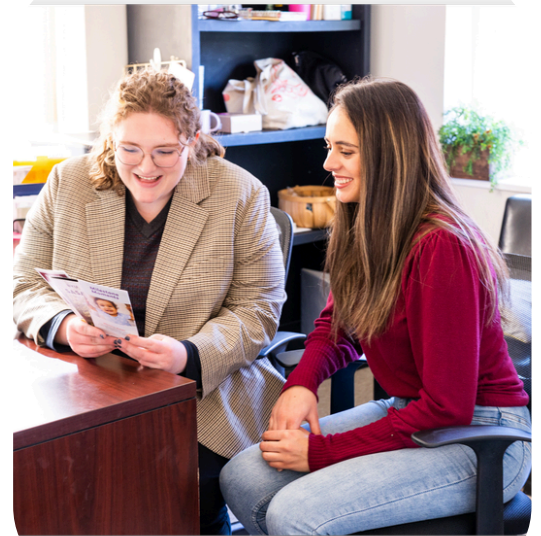
357 adults and children received individual or group therapy



3,650 hours of therapy provided to adults and children

*"I can't express all my gratitude or all I admire. I appreciate all the help I've received at the shelter. The food, care, and compassion from you and all your staff. You're amazing."*

*-Survivor of domestic violence*





We are dedicated to bridging the existing gap in providing essential shelter and services in Utah County. With the support of our community, we believe we can enhance our services to address the increasing demand.

- Additional shelter space is crucial
- Support services are necessary to assist victims of domestic violence and sexual assault, along with their children

Our goal is to help them avert homelessness and achieve safe, stable, and permanent housing.

# 451

unmet requests for shelter  
due to our current shelter  
being full

# 29%

of homelessness in Utah  
County was related to  
domestic violence and is  
the leading cause of  
homelessness in the county



# VOLUNTEERS

## 31,494

Hours of Service Provided by Volunteers

Over 220 dedicated volunteers have made a significant impact this year. Each volunteer completes a background check and 24 to 40 hours of training, committing to at least six months of service. Hospital Response Team volunteers provide 24/7 hotline coverage and respond to forensic exams. Additional volunteers support donations, facilities, and children's programs, ensuring consistent care through ongoing training.



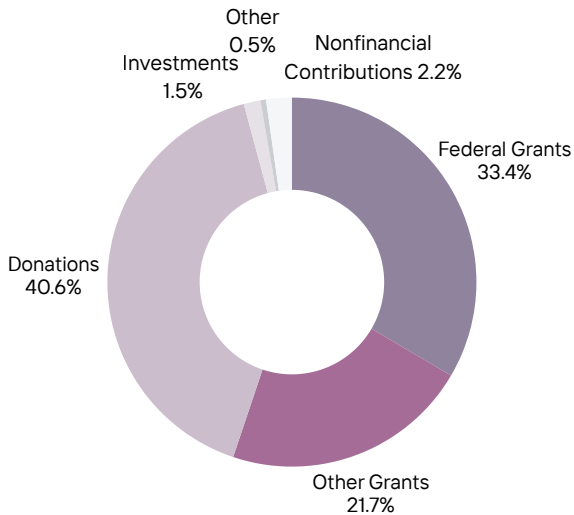
## VOLUNTEER SPOTLIGHT - HOPE RAYMOND

Hope has been a shelter volunteer since June 2024, and she truly embodies her name. She is dependable, hardworking, helpful, and always cheerful. Mondays are brighter because Hope brings hope with her wherever she goes and we absolutely love seeing her. Always ready and willing to jump in, Hope helps with everything from running errands to organizing our donation room. Her big smile and positive attitude pave the way for getting things done, no matter the task. We are so grateful for Hope and all she does for our shelter. Truly, we couldn't do it without her.

# FINANCIAL REPORT

For fiscal year July 1, 2024 - June, 30, 2025

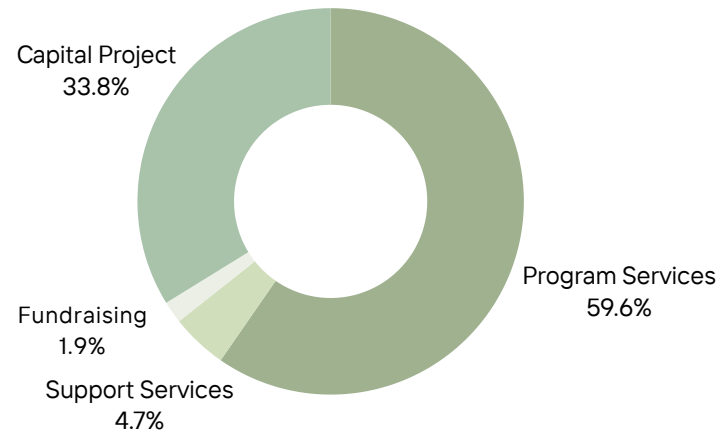
## INCOME



Federal Grants	\$2,222,682
Other Grants	\$1,442,909
Donations	\$2,700,700
Investments	\$97,437
Nonfinancial Contributions	\$149,405
Other	\$32,513

**TOTAL \$6,645,646**

## EXPENSES



Program Services	\$3,963,218
Support Services	\$313,245
Fundraising	\$123,437
Capital Project	\$2,245,746

**TOTAL \$6,645,646**

Every gift to The Refuge Utah is put to work, providing safe shelter, compassionate advocacy, and critical resources for survivors seeking stability and healing. Donations help keep our services operating day and night, ensure trained staff are available when someone reaches out for help, and support programs that empower individuals and families to rebuild their lives with dignity and hope. None of this happens without you. Your generosity fuels every step forward, and as we look to the year ahead, we invite you to continue standing with survivors on their journey toward safety, strength, and lasting change.

*The right therapist and therapy works! It can change your life! I felt safe and comfortable, and was able to open up to her about a lifetime of abuse that has led me to where I am today. She would normalize things for which help my extremely anxious brain to quiet down and realize I was doing better than I thought. She helped me pull out the answers I had deep within myself. God bless the Refuge and all they do for our community!*

*-Therapy client*



# DONORS

Gifts received between Oct 1, 2024, and Sept 30, 2025

*Donor support critical to our mission, enabling us to serve individuals and families within our community. Thanks to our generous donors, we can enhance our programs, extend our reach, and maintain our ongoing efforts.*

## FOUNDATIONS

Adobe Employee Community Fund  
Barbara Barrington Jones Family Foundation  
C. Scott and Dorothy E. Watkins Charitable Foundation  
Circle of Gratitude Foundation  
Child Liberation Foundation  
Dale H Ballard Jr Family Foundation  
Dave Anderson Trust  
DME Foundation  
Florence Bullock Ragan Family Foundation  
Friend to Friend  
George S. and Dolores Dore' Eccles Foundation  
Hurst Wood Education Foundation Inc.  
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Reese Family Foundation  
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SAKS Beryllium Fund  
Silicon Valley Community Foundation  
Snelson Family  
Sorenson Legacy Foundation  
Texas Instruments Foundation  
The Belliston Family Foundation  
The Church of Jesus Christ of Latter-day Saints Foundation  
The Derek & Shelaine Maxfield Family Foundation  
The Gibney Family Foundation  
Umpqua Bank Charitable Foundation  
Utah Community Foundation  
Z Foundation



*“I know I never would have made it this far without your support. Thanks for teaching me and helping me to stay positive.”*

*-Survivor of domestic violence*

# CORPORATIONS

2nd & Charles  
Alpine Dermatology  
Altabank  
Associated Food Stores  
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Maurice's  
MCR Recycling  
Minky Couture  
Murdock Hyundai  
Nutrimedgt  
Smith's Food and Drug  
State of Utah Liquor Store  
Stonehaven Dental

Stubbs Dental Bountiful Group  
Target  
Trader Joe's  
Twenty & Creek  
Two Leaves Midwifery  
UPS  
Utah Behavior Services  
Utah Valley Hospital, Child Life Office  
Waste Management of Utah  
WestCAMP Inc.

# ORGANIZATIONS

100 Women Who Care Utah County  
American Academy of Innovation  
AmeriCorps  
Boys & Girls Club  
Brigham Young University  
    Association for Information Systems  
    Graduate Student Society  
    J Reuben Clark School of Law  
    Nurses Empowering Women Club  
    Social Work Students  
Centennial Elementary  
Church of Jesus Christ of Latter-day Saints  
    Various Wards  
    Missionary Department  
Courtyard at Jamestown Senior Living  
Dollies 4 Daughters  
Dolls of Hope  
ELE Spanish Fork 1  
Festival of Trees  
Fight Against Domestic Violence  
Food & Care Coalition  
Girl Scouts of Utah Troops 854, 1775, 2022  
Jordan School District  
Joyce University



MVHS National Honor Society  
MyHometown South Freedom Provo  
Noni's Cozy Cuddlers  
Philocalia Book Club  
Piecemakers Quilt Group  
Riverton High School  
Rotary Club Provo  
Sister to Sister  
The Ladies of the Well  
Utah Association of Realtors Housing  
    Opportunity Fund  
Utah Central Association of Realtors  
Utah Coalition Against Sexual Assault  
Utah County Board of Realtors  
    Community Involvement Committee  
Utah County Health Department  
Utah Food Bank  
Utah Rose Society  
Utah Trail Dusters  
Utah Valley Quilt Guild  
Utah Valley University  
    Center for Social Impact  
    Victimology Class  
    WACC Program  
We CAN ( We are and Nuture)

# INDIVIDUAL DONORS

Daryl Acumen  
Wendy Ahlman  
Shirlene Albee  
Jeri Allphin  
Allred Family  
Angela Allred  
Olivia Alvarez  
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Danielle Anderson-  
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Margaret Ashford-  
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Taylor Bagshaw  
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Banon Family  
Lori Barber  
Ammon Barker  
Beverly Barrett  
McKenzie Bauer  
The Bennetts

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Stephanie Benson  
Sherry Berrett  
Trevor Berrett  
Ryley Binne  
Morris Blacack  
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Kate Boyle  
Michael Bringhurst  
Kelly Brooks  
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Heidi Cordner  
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Emma Cragun  
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Renee Crouch  
Shea Cutler  
Diane Daley

Brittany Dangerfield  
Melanie Dart  
Austin Davis  
LaRae Day  
Tristin Doyle  
Rebecca Draut  
Hannah Drees  
Allison Drew  
Dean Dudgeon  
Brittney Dunphy  
Sue Dyle  
Cristine Eckles  
Cristian & Sarah Enyebretsen  
Leo Epps  
Xadanni Estrada  
The Belliston Family  
Jennifer Farmer  
Rick & Toni Farr  
Joshua Freeman  
Joan Fehlberg  
Celeste Fife  
Merica Fink  
Alison Fleming  
Jordan Forg



*"I can not thank you enough for everything you have done for me. I have gotten to know myself in a way that I never knew before. I have accepted things about me I may never have done before. As I leave I am filled with love, acceptance, growth, and most of all self worth. My journey is just beginning and this story isn't over. "*

*-Survivor of domestic violence*

John and Lori Forsyth	Steven Horton	Melissa Leidl	Amanda Moon
Darlee Fountain	Scott Hosford	Samuel Lewis	Susan Morris
Aubriann Fox	Matt & Kristin Howard	Aberdeen Lifferth	Corina Mortensen
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Calvin Ronchar  
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Robert Stephens  
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Strasbury Family  
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Lauren Woodfield  
Josi Woodhouse  
Deborah Woodward  
Terrell Worrell  
Whitney Wright  
Rebecca and Lon Young  
Stacy Yunes  
Steven K Zohner



*“The work you all do is truly life-changing. You gave me clarity when I didn’t know where to start, strength when I felt like I couldn’t face it, and the belief that healing is possible. I’m grateful to know that there are resources and people like you who care so deeply about helping others.”*

*-Survivor of sexual assault*

THE REFUGE  
UTAH

1433 East 840 North, Orem, UT 84097  
info@therefugeutah.org 801-227-5038 www.therefugeutah.org

**24/7 Support Available**

Sexual Assault 801-356-2511 Domestic Violence 801-377-5500